







2019

DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT	
1	2  Christmas Door Decorating contest starts today <i>bingo</i>	3 chair exercises @ 9:00 catch phrase@ 1:00	4 Door Decorating Contest Begins today	5 chair exercises @ 9:00	6 Narcissus flower for December 	7	
8	9  bingo 1:00	10 chair exercise @ 9:00 catch phrase @ 1:00	11 council meeting@ 1:00	12 center closed Staff Meeting 	13 Special Nutrient Needs for Older Adults-Handouts @ 11:50	14	
15	16  bingo 1:00	17 chair exercises @ 9:00 catch phrase @ 1:00	18 special christmas treat for Everyone @ 1:00	19 chair exercises @ 9:00-Christmas Door Contest Ends today Winner Announced @ 10:00 get your blood pressure done today @ 11:30	20	21	
22	23  bingo 1:00	24 chair exerciss @ 9:00 catch phrase @ 1:00	25 centers closed Merry Christmas 	26 chair exerices @ 9:00	27 what are your christmas traditions?@ 11:50	28	
29	30  bingo 1:00	31 Bring on the NEW YEAR! 	1 	2	3	4	
5	6 	NOTES:	Lanesboro Active Living Center/Mary Bieloski/Mgr. 3006 Turnpike Street Susquehanna,Pa. 18847 570-853-3967 open mon-fri/9am-2 pm			