

January 2020

Towanda Active Living Center
 Colonial Towers, Towanda, PA 18848
 Open Mon - Fri 9 a.m. to 2 p.m.

B/S/S/T Area Agency on Aging, Inc.
 Fallon Schulz, Manager
 570-265-2687



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			CLOSED!!!! HAPPY NEW YEAR!!!!!!	Morning Bingo	Morning Bingo	
5	6 Morning Bingo New Years Resolutions 11:15 Mat Yoga 1-2	7 Linda Lamphere/Abuse center/resources 10:30	8 Morning Bingo What Am I? Chair Yoga 1-2	9 Morning Bingo Meeting with Amanda from Housing 10am	10 Morning Bingo Site Council 11:15 Birthday Cake!!	11
12	13 Morning Bingo Eye Care Month 11:15 Mat Yoga 1-2	14 Blood pressures 10:30 Guthrie Chinese Auction	15 Morning Bingo Hat Day 11:15 Chair Yoga 1-2	16 Morning Bingo Family Feud 11:15	17 Morning Bingo Popcorn Day 11:15	18
19	20 Morning Bingo MLK Day 11:15 Mat Yoga 1-2	21 Bob and Linda Lee Performance 10:30am	22 Morning Bingo Hangman 11:15 Chair Yoga 1-2	23 Morning Bingo Penn State Nutrition 10:45am	24 Morning Bingo Peanut Butter Day! 11:15	25
26	27 Morning Bingo Trivia 11:15 Mat Yoga 1-2	28 Snowglobes 11:15	29 Morning Bingo Puzzle Day! 11:15 Chair Yoga 1-2	30 Morning Bingo What is that?? 11:15	31 Morning Bingo Dress Like A Zebra Day 11:15	1
2	3	NOTES				