

May 2019

Towanda Senior Center
 Colonial Towers, Towanda, PA 18848
 Open Mon - Fri 9 a.m. to 2 p.m.

B/S/S/T Area Agency on Aging, Inc.
 Mary Jude Troupe, Manager
 570-265-2687



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 Morning Bingo Let's share a joke, favorite poem or story 11:30 Chair Yoga 1-2	2 Morning bingo Trip to Bath, NY Family Life Network Center Closed	3 Morning Bingo Kentucky and Derby talk 11:30	4
5	6 Morning Bingo Spelling Bee 11:15 Matt Yoga 1-2	7 Guitar music Frankie 10:45	8 Morning Bingo Guest Red Cross Bill Roach, Collen Cotter 11:30 Chair Yoga 1-2	9 Morning Bingo Saying your mom always said 11:30	10 Morning Bingo Site Council 11:15 Birthday Cake!	11
12	13 Morning Bingo Simple Senior Citizen Chair Yoga moves 11:30 Matt Yoga 1-2	14 Match Game 11:15	15 Morning Bingo Guest Speake: Office of Attorney General Senior Scam Prevention" 10:45 Chair yoga 1-2	16 Morning Bingo Talk about spring peepers - Frog jumping contest 11:15 Highland Bingo 12:45	17 Morning Bingo I'm going to the moon....memory game 11:30	18
19	20 Morning Bingo Dirty Bingo 1pm Matt Yoga 1-2	21 Jeopardy 11:15	22 Morning bingo Name the Mother Goose Character 11:30 Chair Yoga 1-2	23 Morning Bingo Jokes 11:30	24 Morning Bingo Two- Minute Mysteries 11:30	25
26	27 HOLIDAY CENTER CLOSED TODAY	28 Morning Bingo Bird Feeder Craft 10:15	29 Morning Bingo Guest Speaker: Val Hearing Healthcare 10:45 Chair Yoga 1-2	30 Morning bingo Tell us about your family/friends who served our country 11:30	31 Morning bingo May is National Strawberry Month facts and treats 11:30	1
2	3	NOTES				